



Multi-Sensory Environments



Multi-Sensory Environments (MSE's), or Snoezelen Rooms, are environments created to help promote wellbeing and calming by controlling sensory input. Often these environments help individuals with sensory processing disorders learn how to cope with external stimuli. The concept for this therapeutic space was first developed in the Netherlands in 1970. Snoezelen is a combination of two Dutch words: 'snuffelen' (sniff) and 'doezelen' (doze). MSE's have been growing in popularity over the past few years and you can often find them in schools, hospitals, and even in airports now.

Who can benefit from Sensory Rooms?

- People with Physical Disabilities
- People with Cognitive Disabilities
- People with Learning Difficulties
- People with Sensory Processing Disorders
- The Elderly and Dementia Patients

Visual/Sight

- Fiber Optics
- Projections
- Bubble Lamps
- Lava Lamps

Tactile/Touch

- Texture Walls
- Stuff Animals
- Putty
- Kinetic Sand

Olfactory/Smell

- Scratch N Sniff Stickers
- Scented Bubbles
- Essential Oils/Diffusers
- Scented Markers

Auditory/Sound

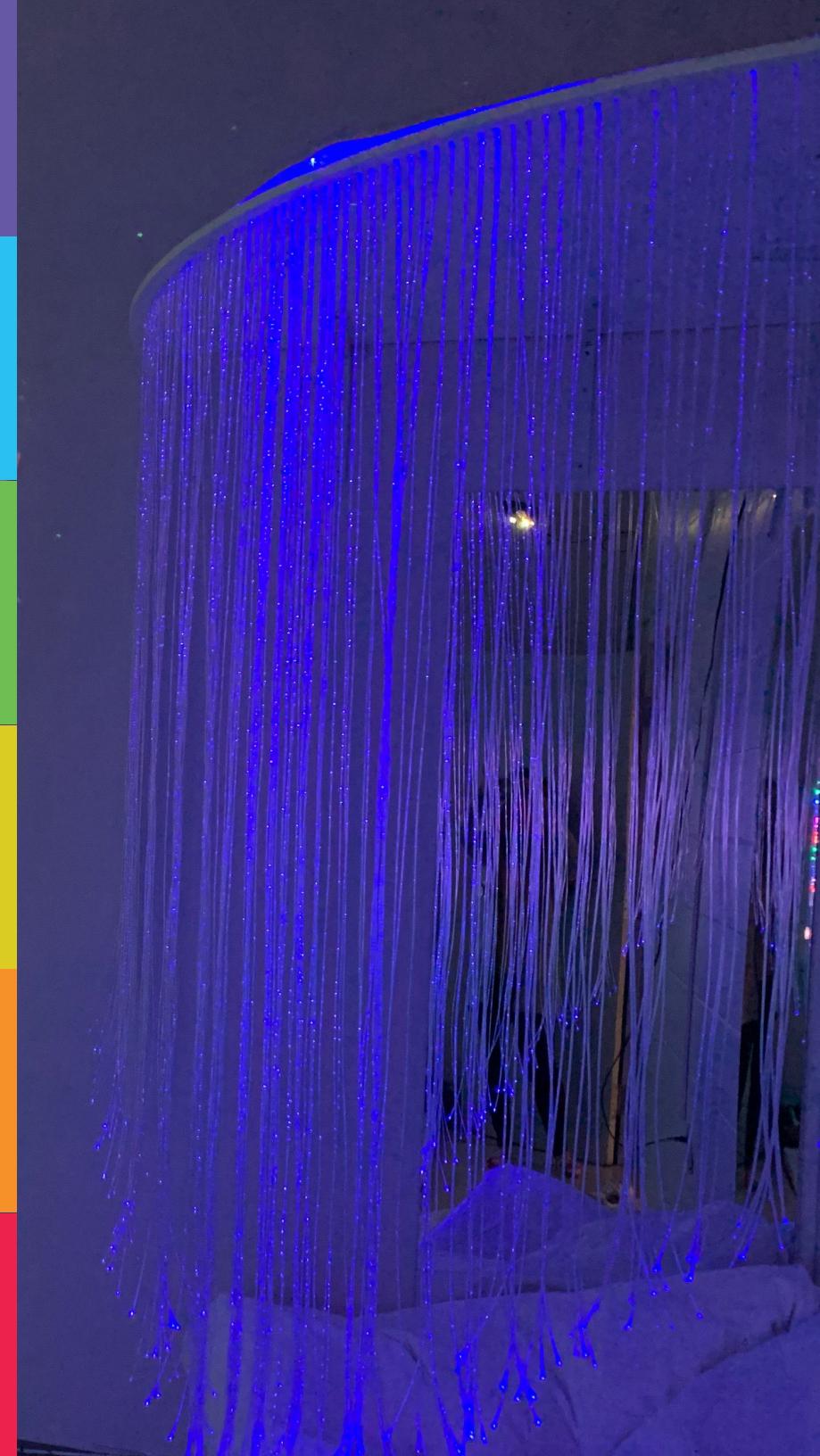
- White sound machines
- Toys
- Nature Sounds/Rain
- Light Classical Music

Vestibular/ Body Movements

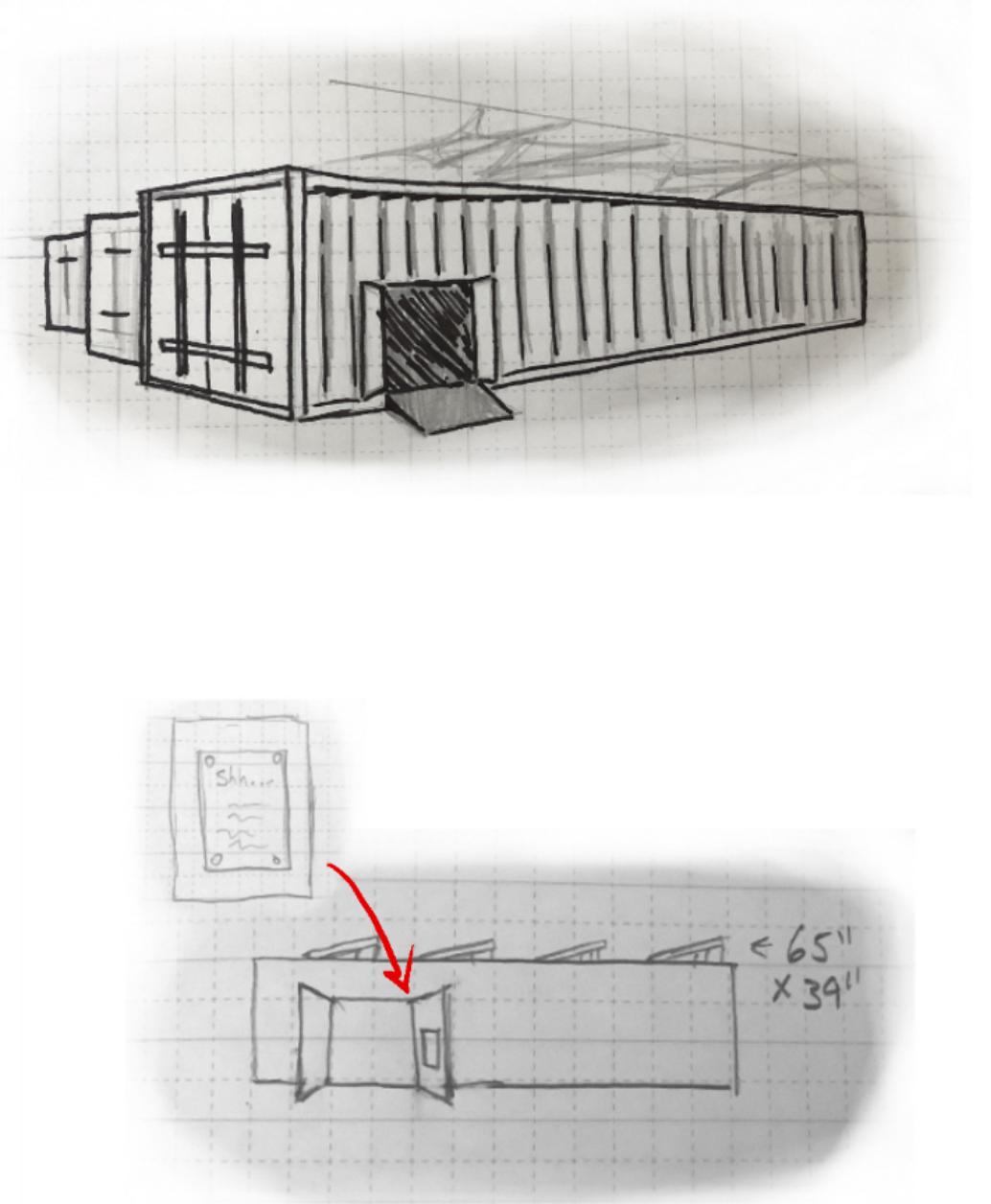
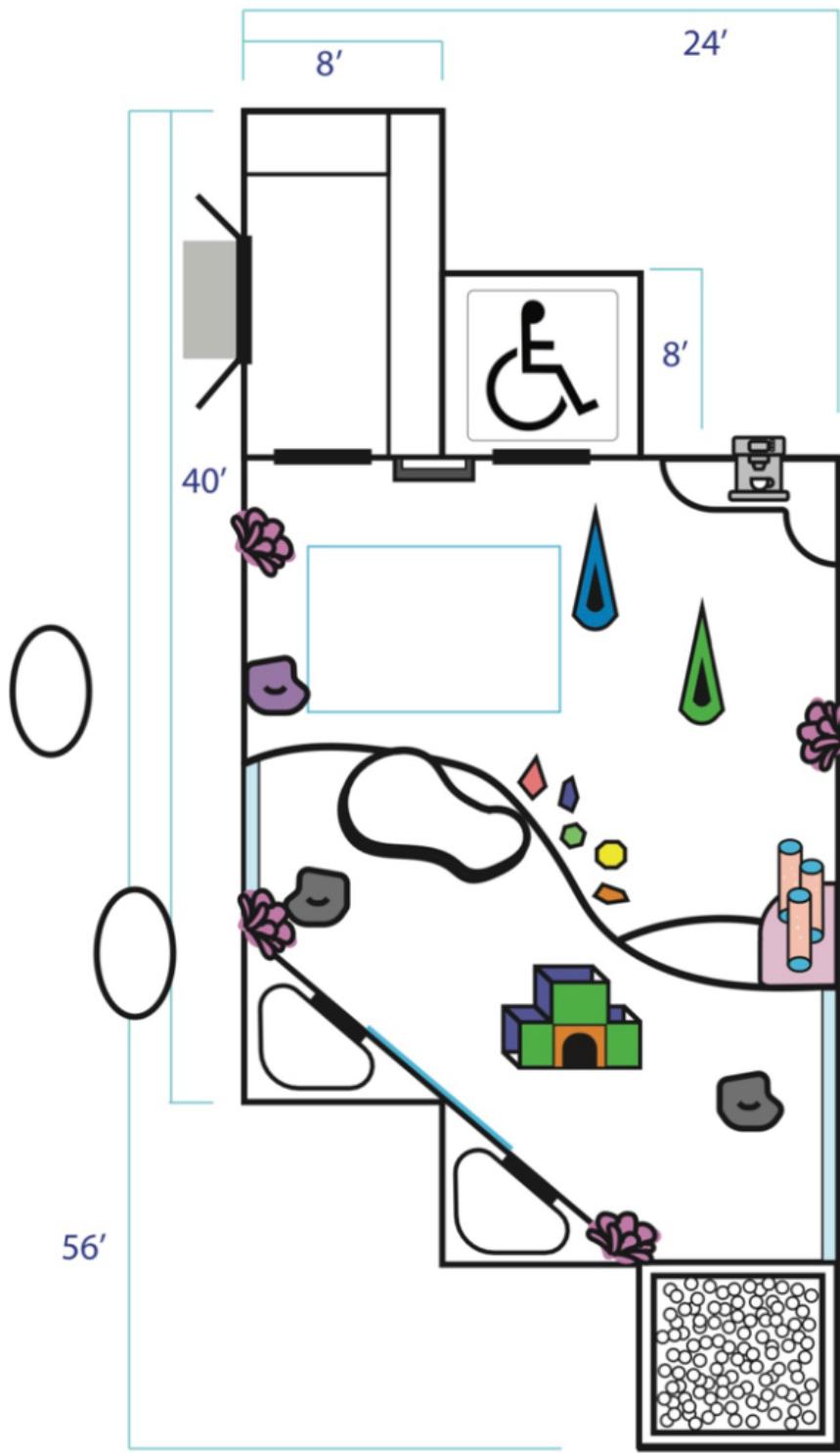
- Swings
- Exercise Balls
- Mini-Trampolines
- Rockers

Proprioception/ Body Awareness

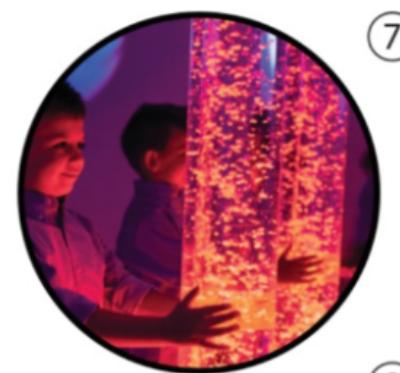
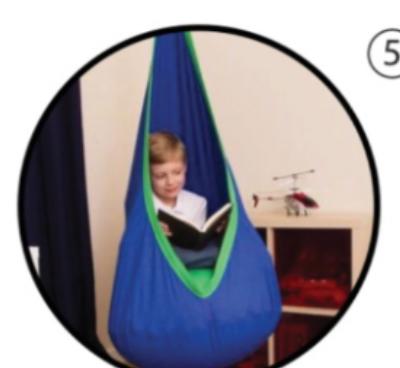
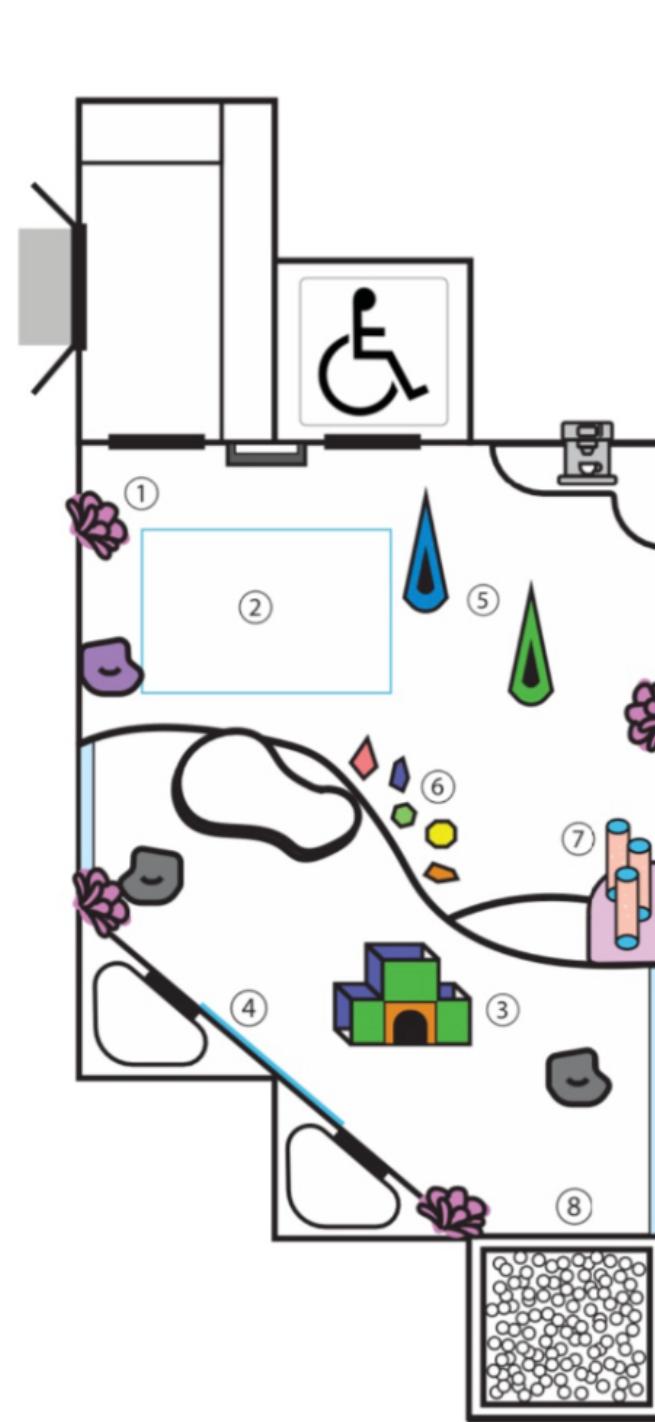
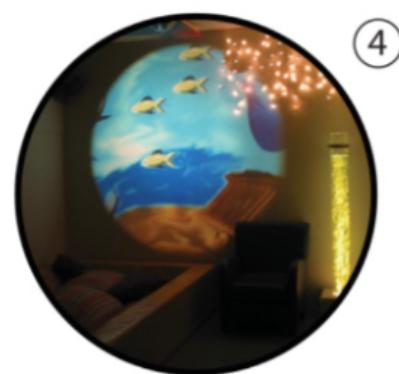
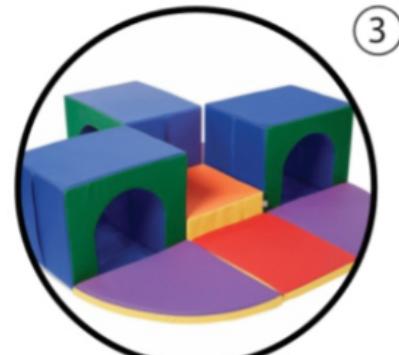
- Weighted Vests and Pillows
- Ball Pits
- Vibrating Chairs
- Water Beds



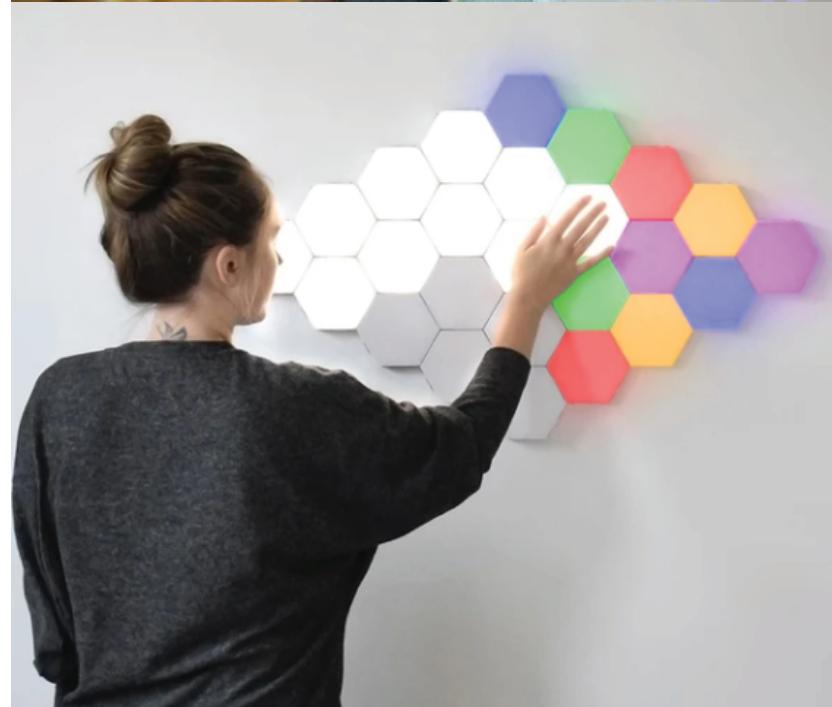
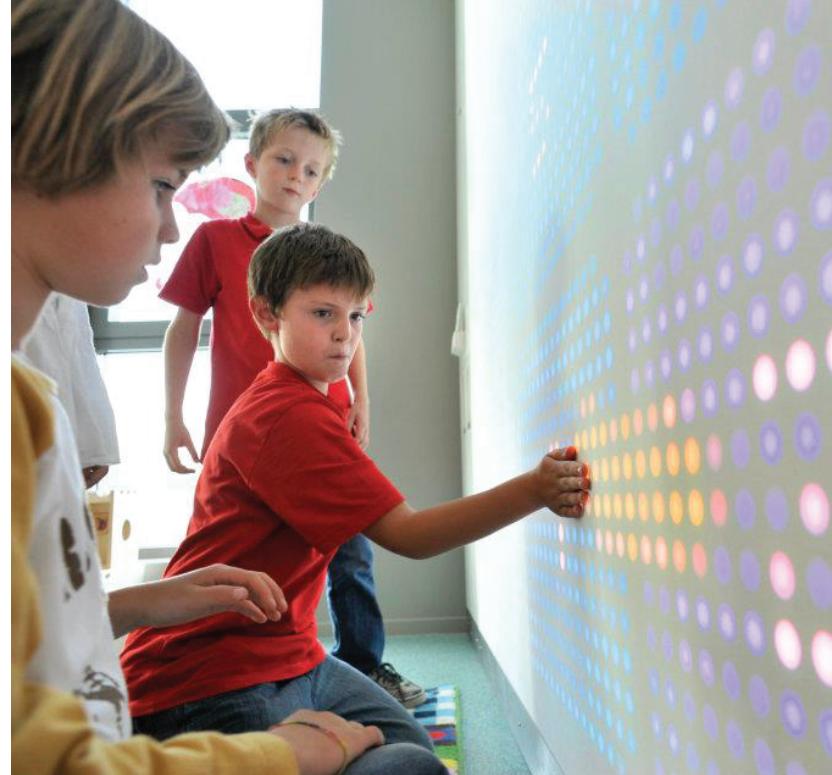
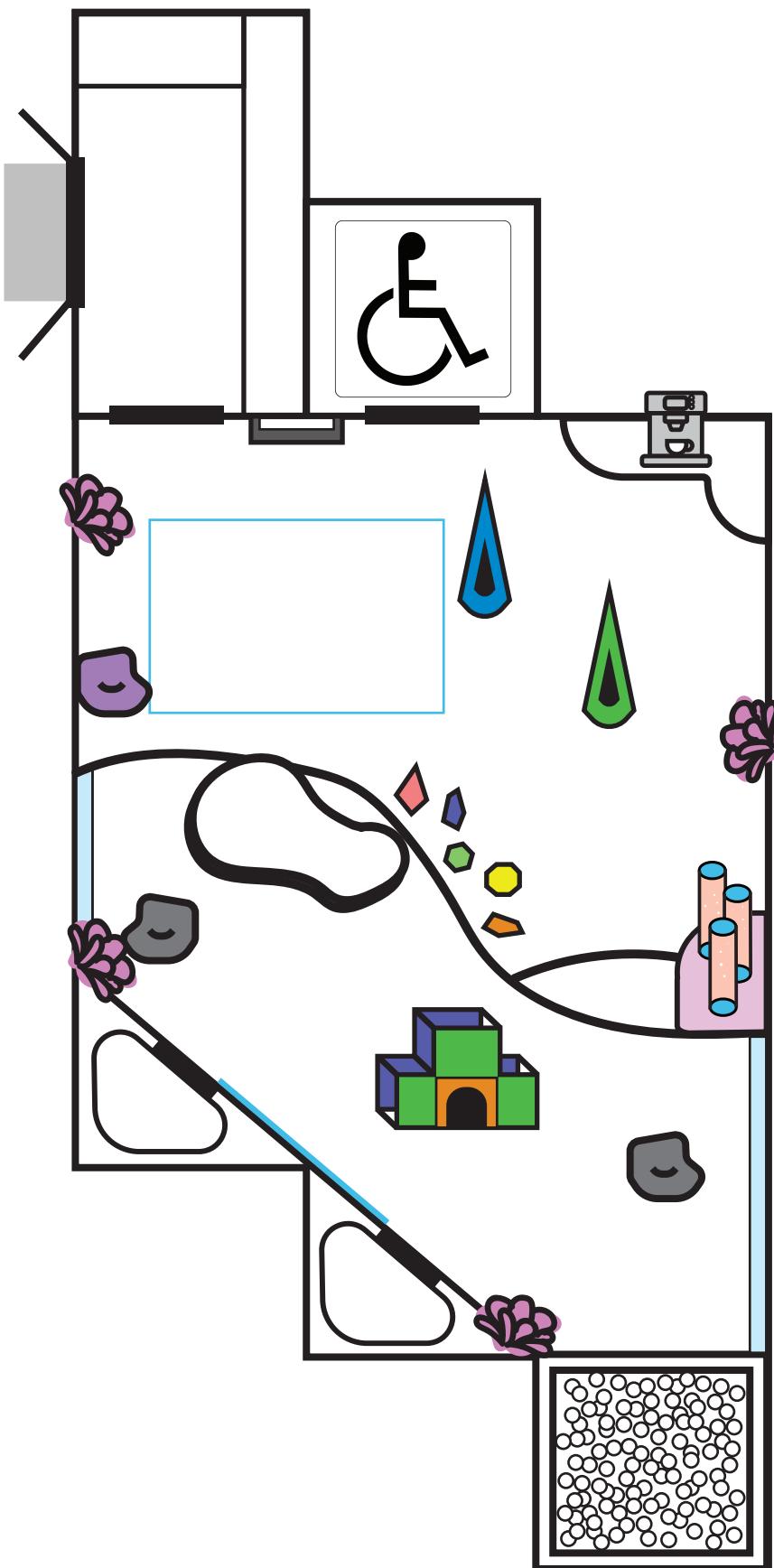


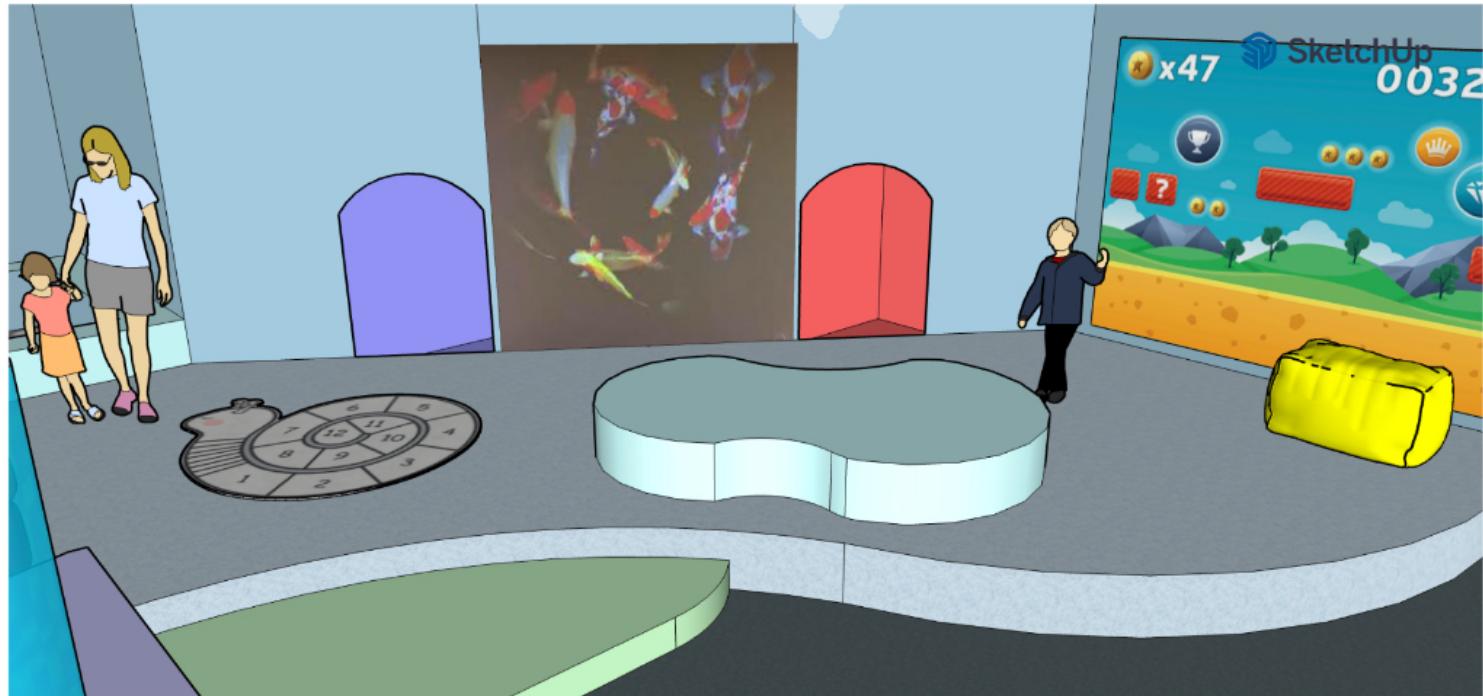




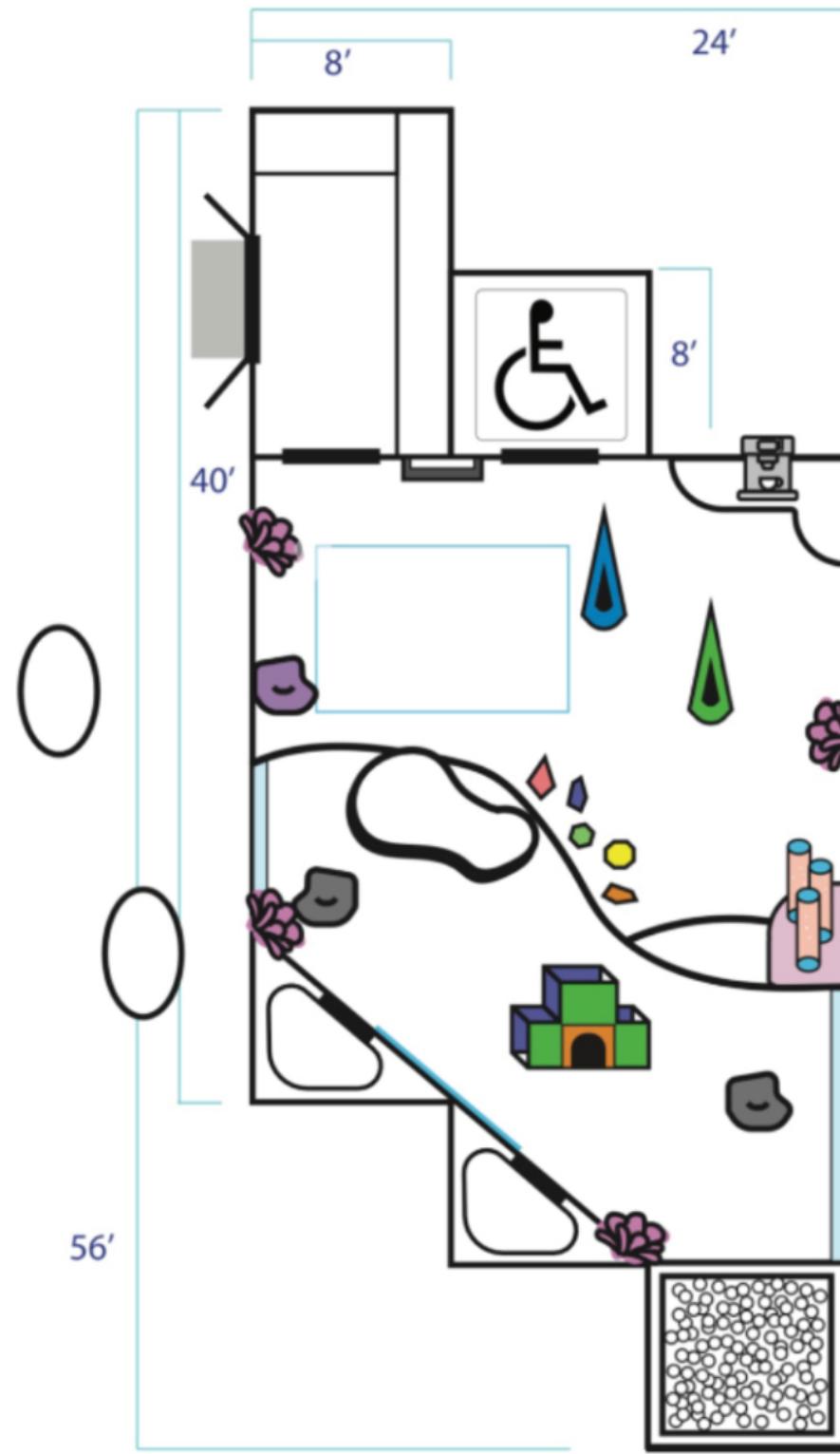


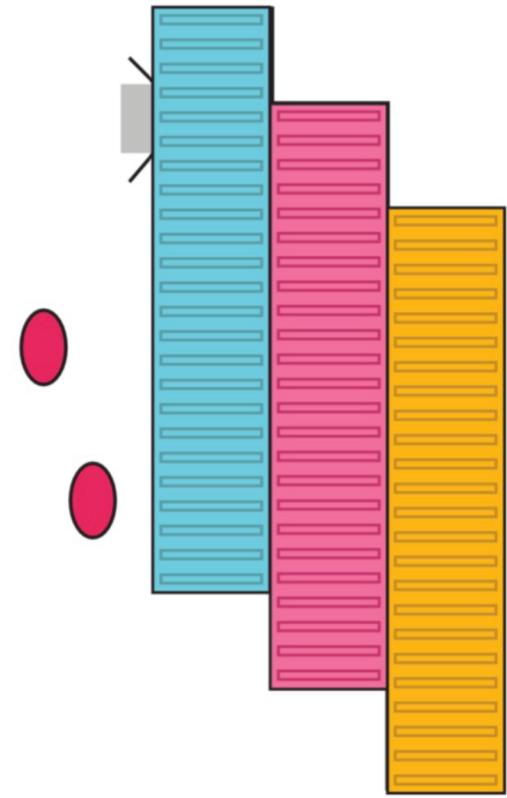
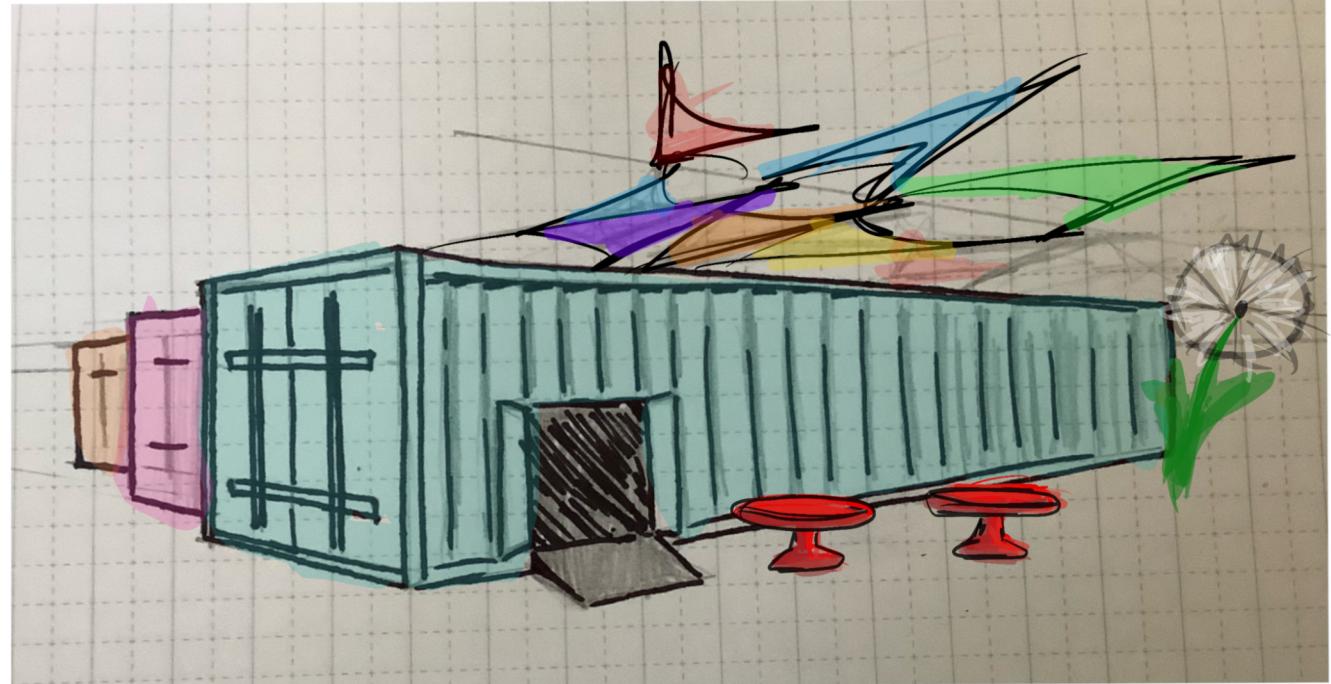












A close-up photograph of a single red tulip flower, showing its vibrant petals and green stem. The background is a dark, moody space with a vertical gradient from purple to black. The text 'Thank you' is overlaid in the upper right quadrant.

Thank you